

Nutrition Facts

Serving Size 1 cup (228g)

Serving Per Container 2

Amount Per Serving

Calories 250

Calories from Fat 110

%Daily Value*

Total Fat 12g	18%
Trans Fat 3g	15%
Trans Fat 1.5g	
Cholesterol 30 mg	10%
Sodium 470mg	20%
Total Carbohydrate 31g	10%
Dietary Fiber 0g	0%
Sugars 5g	
Protein 5g	
Vitamin A	4%
Vitamin	2%
Calcium	20%
Iron	4%