

# Nutrition Facts

Serving Size

Serving per container 2

Amount per serving

Calories 250

Calories from fat 110

%Daily Value%

Total fat 12g 18%

Saturated fat 3g 15%

Trans Fat 1.5g

Cholesterol 30mg 10%

Sodium 470mg 20%

Total Carbohydrates 31g 10%

Dietary Fiber 0g 0%

Sugars 5g

Protein 5g

Vitamin A 4%

Vitamin C 2%

Calcium 20%

Iron 4%